

# **Exposure Control, Mitigation and Recovery Plan for COVID 19 at St John's Preschool, Kirkland, WA – Training Addendum**

The St. John's preschool staff has been trained in the following areas:

## **COVID 19 Symptoms**

Teachers and staff will be watching for symptoms known to be associated with COVID 19, in students and their own family situations. Any person displaying any of these symptoms within the last 72 hours will not be permitted to be at the preschool. Touchless thermometers will be used to take temperatures.

Symptoms within the last 72 hours:

- A fever of 100.4°F or higher, cough, shortness of breath, difficulty breathing, sore throat or chills
- Recent Vomiting, nausea, diarrhea, muscle or body aches, congestion, runny nose not related to seasonal allergies, unusual fatigue or new loss of taste or smell

## **Hygiene Practices**

Wash hands often and with soap and water for at least 20 seconds. Children and adults should wash or sanitize hands when they arrive at preschool, before meals or snacks, after outside time, after going to the bathroom, after nose blowing or sneezing, if hands look visibly dirty and before leaving to go home.

Teachers will remind and help young children to wash hands correctly and not touch their eyes, nose and mouth with unwashed hands.

If soap and water are not available, an alcohol-based hand gel with at least 60% alcohol will be used. The gel should be rubbed all over hands and between fingers for at least 20 seconds.

Coughs and sneezes should be covered with a tissue when possible and then the tissue should be thrown in the trash. When a tissue is not available, coughs and sneezes should be covered with the persons arm/elbow. Hands should be sanitized or washed after sneezing and coughing.

# **St John's Preschool Policies and Procedures for Reopening with COVID 19 – Training Addendum**

## **Cleaning and Disinfecting Practices**

Cleaning and disinfecting supplies will be kept in each classroom: Lysol disinfectant spray, Clorox wipes, Mr. Clean cleaning solution.

Frequently touched surfaces throughout facility will be cleaned daily (examples: hand rails, door knobs, handles, light switches)

Bathrooms, floors, and general facility cleaning will be done each evening by an approved cleaning company.

Carpets in classrooms that have been used will be vacuumed each day.

Toys that cannot be cleaned and sanitized will not be used. Clean and sanitize toys that were used, at the end of the class and leave to air dry until next class period.

Children's books, like other paper-based materials such as mail or envelopes are not considered high risk for transmission and do not need additional cleaning or disinfecting procedures.

Tables and chairs in the classrooms will be cleaned after each class.